

22. February. 2014
10am - 3pm

Greenwood Aikido
Temecula, CA

Greenwood



Weapons Intensive: Decoding Nishio Sensei's Ken and Jo.

Nishio Sensei's vision for the future of aikido was that it remain effective and relevant as a martial art and at the same time adhere to the philosophical teachings of O Sensei. A key point in this practice comes from O Sensei's own words, "When I hold a sword, my aikido becomes a sword. When I hold a jo, my aikido becomes a jo." At this seminar we will learn how to understand aikido from this perspective applying Nishio Sensei's effective, integrated approach.

Philip Greenwood has trained in aikido for nearly 40 years. He is a dedicated follower of Shoji Nishio Sensei and a student of Koji Yoshida Sensei, Nishio Sensei's appointed successor. Greenwood Sensei is well known for his clear, logical and generous style of teaching.

**Training will be outdoors to the degree that weather permits. Please bring appropriate footwear, sunscreen and hat if desired.
And of course... bring your boken and jo!**

Training Fee: \$20

All affiliations are welcome

Saturday, February 22nd, 2014
10 AM – 3 PM
Greenwood Aikido
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Temecula, CA 92591
(951) 440-8682

www.GreenwoodAikido.com
www.NishikazeAikido.com